



REGISTRATION FORM

Before performing registration is necessary to have read and agreed with the Project Fitness Girl (can be read in www.fitnessgirl.co).

Profile of the participants of the competition: female, at least **18 years old** and **not be sedentary**.

The Fitness Girl **is not** a contest of beauty or bodybuilding. The purpose of the contest is to mobilize more women around the world in the fight against inactivity, encouraging more people to train, retrain their food and have better quality of life.

Privacy Notice: Fitness Girl does not sell or provide data to a third party candidate. It does not send SPAM.

Registration Fee: during the pre-registration candidate registration fees are suspended. Registration without charge.

I read the project and want to participate. I am aware that I can be asked to prove my identity (tries to avoid the registration of fake profiles).

Personal Data

Name

Country (birth)

State

City

Phone number (country code + DDD)

Mobile phone (country code + DDD)

Have *WhatsApp* installed?

Yes

E-mail

Facebook Profile

Facebook's page or other Social Network (will be disclosed in the description of your photo)

Sponsorship (will be disclosed in the description of your photo)

Photo credits (photographer or agency name will be disclosed in the description of the photo)

How did you hear about the Fitness Girl's Contest? If it was stated by someone, please enter the name of this person.

Message (will be inserted in your album as a way to motivate others to leave the sedentary lifestyle)

Facebook Groups - Disclosure

Each photo is inserted on page FITNESS GIRL (31,000 followers) and some time later, on page GAROTA FITNESS (13,300), being disclosed (liked and shared) by our profiles and pages partners.

If you wish to have your photos published also in our 4 groups (FITNESS GIRL open group, FITNESS GIRL secret group for women only, GAROTA FITNESS and EH MUSA) with more than 40,000 followers and more than 50 groups of Bodybuilding, Fitness and Nutrition of several countries, select the option below. In exchange for the work of our team for this disclosure we request that you indicate our pages (Fitness Girl, Garota Fitness and Eh Musa) to your friends via the "Invite" option on the right side of each page below the number of likers, and add your friends the secret group composed only of women : facebook.com/groups/FitnessGirlBR

Remember: the goal of the contest is to encourage more and more people to leave the sedentary lifestyle.

Yes, I have interest to disclose my photos in groups and partners pages.

Next Steps

1. Like the pages: Fitness Girl (fb.com/FitnessGirlbr), Garota Fitness (fb.com/GarotaFitness) and Eh Musa (fb.com/EhMusa).
2. Save this form and rename the pdf file with your first and last name (from [Register_FitnessGirl_name.pdf](#) to [Register_FitnessGirl_NameLastname.pdf](#)). Send a message with the file attached through your profile to our official Facebook page (facebook.com/FitnessGirlbr) and to the email pre-candidate@fitnessgirl.co. In the Subject field of the email, enter the phrase in the format: 'Pre-Candidate Name - Country' (eg Anne Lima - U.S.A.).
3. You will receive an email with instructions to send your photos and add our profiles. The e-mail may be directed by your ISP to your SPAM box (junk mail). If you do not receive this message within 24 hours, please contact us so we can resend.
4. At the end of your subscription, you will be able to indicate your friends to participate.